

# Groundnut OIL

## AGATHIYA GROUNDNUTOIL

Agathiya Wooden cold pressed groundnut oil is known as a source of multiple vitamins like A, E and D.. It facilitates many functions which are really essential to the human bodies like blood vessel dilation, and contraction of muscles when diabetic patients are able to use this oil regularly they could notice the improvement in levels of insulin in the body

### Excellence Benefit of Agathiya groundnut oil

- Groundnut oil is filled with Vitamin E that and is also the best source of antioxidants. The harmful toxins of the human body could be controlled and also removed by using this oil through food that you eat.
- Perfect for Deep Frying & Cooking.
- Controls Cholesterol Levels.
- Boosts Heart Health & Lowers Blood Pressure.
- Prevents Cognitive Disorders & Boosts Immune System.

### Ingredients

Groundnut

### Nutrition Fact of Groundnut oil

Particulars	Result
Energy	883 k.cal
Saturated Fat	16 g
Fat	98.1 g
Protein	0.00 g
Carbohydrates	0.00 g
Trans Fat	0.00 g
Cholesterol	0.00 g

